

Multiverse Mind Newsletter

Keynote

Since the majority of humanity does not practice religion, I am concerned to try to find a way to serve all humanity without appealing to religious faith. Dalai Lama.

Consciousness



Make the Study of Consciousness Scientific?

We need to re-examine the idea of "objectivity" in research

Strangely, modern science was long dominated by the idea that to be scientific means to remove consciousness from our explanations, in order to be “objective.” This was the rationale behind behaviorism, a now-dead theory of psychology that took this trend to a perverse extreme.

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Meditation



Your Brain as Laboratory: The Science of Meditation

The idea that meditation is actually a form of research is gaining

Meditation has surged in popularity in recent years, from a fringe interest to a mainstream trend championed by therapists, scientists, and celebrities. As part of this shift, misconceptions and dismissals have given way to the emerging recognition of meditation as a science. There are, however, those who would challenge this view. As both a scientist and a meditator, I feel a duty to respond.

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Agni Yoga



Humanity and the Cosmos

Our focus and challenge for the future

Over the last seventy years, with extraordinary speed, almost all humanity is acquiring a planetary consciousness that was virtually completely lacking previously. As human beings, we are understood to be the crew of a vessel, the planet Earth, which travels in the space. We understand that we have only two choices: to cooperate in taking care of the ship and let it remain hospitable so that the journey continues well; or to drift, destroying one another. An international Agni Yoga Conference is going to take place in Italy with focus on these subject.

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Climate



Climate Change

Global cooperation or total destruction of our Planet?

Climate change might seem to be a difficult, remote issue, but it is increasingly affecting our everyday life and it is tightly coupled to our ethical views and beliefs. In the era of “fake news” we re-emphasize some undisputed scientific facts to help us re-align our attitude on the subject as individuals or nations.

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Service



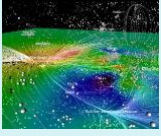
The Charter for Compassion

A global movement for compassion

When Ban Ki-moon was 18, he traveled from rural Korea to the U.S. as part of a delegation, numbering 112 teenagers from 42 countries, organized by the American Red Cross. "As soon as I stepped off the plane, I was overwhelmed by the warmth of the people ... But what moved me most was the spirit of helping others I witnessed from small-town America to the capital," writes the United Nations chief, who said an audience with President John F. Kennedy prompted him to devote his life to public service.

The "I Was Here" campaign dedicated to World Humanitarian Day is a reminder, he writes, that "[e]ngaging in the world is the best path to a better future." - *USA TODAY* 8/22.

Cosmology



Cosmology-News

Where are all these galactic cluster heading to?

*A new cosmic map is giving scientists an unprecedented look at the boundaries of the giant supercluster that is home to Earth's own Milky Way galaxy and many others grouped in smaller clusters. Scientists even have a name for this colossal galactic group: **Laniakea**, a Hawaiian word for "**Immeasurable Heaven**."*

But this is not all, as it seems that the galaxies in the supercluster are moving towards a common point, the "Great Attractor" in the constellation of Centaurus [[more from Space.com](#)]

Watch also the beautiful video from Nature magazine on Youtube [[here](#)]

Also see the "7 Surprising Facts about our Universe" at Space.com [[here](#)]

For a larger image click [[here](#)]